National Standards for Initial Physical Education Teacher Education, 2017 Rubrics

Standard 1: Content and Foundational Knowledge

Physical education teacher candidates demonstrate an understanding of common and specialized content, and scientific and theoretical foundations for the delivery of an effective physical education program.

Component Statements	Unacceptable	Acceptable	Target
1.a Describe and apply	Candidate fails to meet the	Candidate meets the criterion	Candidate exceeds the criterion
common content knowledge	criterion score established by	score established by the	score established by the program on
for teaching PreK-12	the program on standardized	program on standardized	standardized subject-specific
physical education.	subject-specific content	subject-specific content	content knowledge test.
	knowledge test.	knowledge test.	
	Candidate describes and	Candidate correctly describes	Candidate correctly describes and
	applies common content	and applies common content	applies common content knowledge
	knowledge of motor skills,	knowledge of developmentally	of developmentally appropriate
	movement concepts, and	appropriate motor skills,	motor skills, movement concepts,
	movement patterns that may	movement concepts, and	and movement patterns. Candidate
	contain errors or are not age	movement patterns. Candidate	describes and applies situation-
	and developmentally	describes and applies situation-	specific tactics and/or strategies and
	appropriate. Candidate	specific tactics and/or	correct technique of skill-based
	incorrectly describes and	strategies and correct	performances in an age and
	applies situation-specific	technique of skill-based	developmentally appropriate
	tactics and/or strategies and	performances in a	manner. Rules and etiquette are
	techniques of skill-based	developmentally appropriate	described and applied in
	performances. Rules and	manner. Rules and etiquette	accordance with the
	etiquette described and applied	are described and applied in	activity/game/sport. Candidate can
	in accordance with the	accordance with the	synthesize and integrate concepts
	activity/game/sport contain	activity/game/sport.	and techniques from multiple
	errors and/or inappropriate		content areas when planning for
	etiquette.		physical education content.

1.b. Describe and apply specialized content knowledge for teaching PreK-12 physical education.	Candidate fails to meet the criterion score established by the program on standardized subject-specific content knowledge test.	Candidate meets the criterion score established by the program on standardized subject-specific content knowledge test.	Candidate exceeds the criterion score established by the program on standardized subject-specific content knowledge test.
	Candidate describes and applies specialized content knowledge by providing skill cues, identifying critical elements and common errors that may contain errors and/or are developmentally inappropriate. Task progressions may not follow a logical sequence and/or are not developmentally or age appropriate.	Candidate describes and applies specialized content knowledge by providing skill cues, identifying critical elements, and predicting common errors. Candidate describes and applies planned and developmentally appropriate task progressions; and uses observed performance as the basis for adjusting learning task(s).	Candidate describes and applies specialized content knowledge by providing skill cues, identifying critical elements, and predicting common errors that are age and developmentally appropriate. Candidate describes and applies planned and developmentally appropriate task progressions; uses observed performance as the basis for adjusting learning task(s); and provides accommodations for varying skill levels.

1.c Describe and apply physiological and biomechanical concepts related to skillful movement, physical activity and fitness for PreK-12 students.	Candidate fails to meet the criterion score established by the program on selected assessments in physiology and/or biomechanics.	Candidate meets the criterion score established by the program on selected assessments in physiology and biomechanics.	Candidate exceeds the criterion score established by the program on selected assessments in physiology and biomechanics.
	Candidate applies physiological and biomechanical concepts in planning for and delivering instruction. Skill cues are appropriate in plan, but candidate fails to use the identified skill cues during the lesson. Candidate's instruction for skillful movement, physical activity or fitness is given using generalized terms and is concerned with the "how" of the movement, physical activity, or fitness.	Candidate appropriately applies physiological and biomechanical concepts in planning for and delivering instruction. Skill cues identified in the plan are used during the lesson. Candidate's instruction for skillful movement, physical activities, or fitness includes the "how" and "why" of the movement, physical activity, or fitness.	Candidate appropriately applies physiological and biomechanical concepts in planning for and delivering instruction for all stages of student proficiency. Skill cues are identified in the plan and are consistently used during the lesson. Candidate's instruction for skillful movement, physical activity, or fitness includes the "how" and "why" of the movement, physical activity, or fitness.

1.d Describe and apply motor learning and behavior- change/psychological principles related to skillful movement, physical activity and fitness for PreK-12 students.	Candidate fails to meet the criterion score established by the program on assessments in motor learning and/or behavior-change/psychological principles.	Candidate meets the criterion score established by the program on assessments in motor learning and behavior- change/psychological principles.	Candidate exceeds the criterion score established by the program on assessments in motor learning and behavior-change/psychological principles.
	Candidate demonstrates knowledge of the various theories, but fails to apply theories to teaching. Practice conditions used for skill acquisition do not allow for individual differences. Candidate omits behavior- change/psychological principles in planning learning experiences and uses punitive measures to manage behavior.	Candidate demonstrates knowledge of motor learning and behavior- change/psychological principles and applies them to teaching. Planned progressions reflect motor learning theory and practice conditions allow for individual differences. Candidate employs behavior- change/psychological principles in planning learning experiences and teaching behavior-change strategies (e.g., self-monitoring, persistence, goal-setting). Candidate uses proactive strategies to manage student behavior (i.e. catch them when they are good, awarding positive behavior, etc.).	Candidate applies a variety of motor learning and behavior- change/psychological principles in planning for and delivering instruction. Planned progressions apply motor learning theory to manipulate the complexity of the learning tasks. Practice conditions allow for individual differences and are adjusted based on student responses. Candidate employs behavior-change/psychological principles in planning learning experiences and reinforces student use of behavior-change strategies (e.g., self-monitoring, persistence, goal-setting). Candidate uses proactive behavior-management strategies to guide student behavior, including self-responsibility.

1.e Describe and apply motor development theory and principles related to fundamental motor skills, skillful movement, physical activity and fitness for PreK- 12 students.	Candidate fails to meet the criterion score established by the program on assessments in motor development.	Candidate meets the criterion score established by the program on assessments in motor development.	Candidate exceeds the criterion score established by the program on assessments of motor development.
	Candidate applies motor development theory and principles in planning for the lesson, but fails to account for developmental differences during instruction and practice activities.	Candidate applies motor development theory and principles in planning for and delivering instruction. Candidate plans and implements lessons that are developmentally appropriate (neither too hard nor too easy). Candidate demonstrates application of motor development theory by using developmentally appropriate teaching cues, and planning developmentally appropriate practice opportunities.	Candidate applies motor development theory and principles in planning for and delivering instruction for all stages of student proficiency. Candidate demonstrates application of motor development theory by using developmentally appropriate teaching cues, and planning developmentally appropriate practice opportunities for all stages of student proficiency.

1.f Describe historical,	Candidate fails to meet	Candidate meets criterion	Candidate exceeds criterion scores
philosophical and social	criterion scores established by	scores established by the	established by the program on
perspectives of physical	the program on assessments in	program on assessments in	assessments in historical,
education issues and	historical, philosophical,	historical, philosophical,	philosophical, legislative and social
legislation.	legislative and social	legislative and social	perspectives. Evidence could
	perspectives. Evidence could	perspectives. Evidence could	include projects, assignments,
	include projects, assignments,	include projects, assignments,	departmental examinations, state or
	departmental examinations,	departmental examinations,	national licensure tests.
	state or national licensure tests.	state or national licensure tests.	

Standard 2: Skillfulness and Health-Related Fitness*

Physical education teacher candidates are physically literate individuals who can demonstrate skillful performance in physical education content areas and health-enhancing levels of fitness.

Component Statements	Unacceptable	Acceptable	Target
2.a Demonstrate competency	Candidate can demonstrate all	Candidate demonstrates all	Candidate demonstrates all
in all fundamental motor	fundamental movement skills	fundamental movement	fundamental movement
skills, as well as skillful	at the automatic stage, but only	patterns at the automatic stage	patterns at the automatic stage
performance in a minimum	in isolation (a non-authentic	in an authentic environment.	in an authentic environment.
of four physical education	environment; not within a	Candidate demonstrates the	Candidate demonstrates the
content areas (e.g., games,	variety of physical activities or	ability to combine movement	ability to combine and adapt
aquatics, dance, fitness	in coordination with other	patterns into a sequence.	skills during game play or
activities, outdoor pursuits,	movement patterns). Candidate	Candidate correctly selects	activity performance.
individual-performance	cannot select what to do and/or	what to do and executes that	Candidate correctly executes
activities).	cannot execute that selection	selection appropriately in the	advanced strategies at
	appropriately in the authentic	authentic environment.	appropriate times and/or
	environment. Candidate	Candidate demonstrates	appropriate situations.
	demonstrates movement skills	movement skills at the	Candidate performs at the
	at the control level across one	utilization level in at least four	proficiency level in at least
	or more content areas selected	physical education content	four physical education content
	for reporting.	areas selected for reporting.	areas selected for reporting.

2.b Achieve and maintain a	Candidate performs below the	Candidate meets the age- and	Candidate exceeds the age-
health-enhancing level of	age- and gender-specific levels	gender-specific levels on at	and gender-specific levels on
fitness throughout the	on majority health-related	least three health-related	at least three health-related
program.	fitness components (cardio	fitness components (cardio	fitness components (cardio
	respiratory endurance,	respiratory endurance,	respiratory endurance,
	muscular strength, muscular	muscular strength, muscular	muscular strength, muscular
	endurance, flexibility, and	endurance, flexibility, and	endurance, flexibility, and
	body composition) using	body composition) using	body composition) using
	standards established by	standards established by	standards established by
	national, state or program level	national, state or program level	national, state or program level
	testing.	testing throughout the	testing throughout the
		program.	program.

^ Skillful: A person's ability to employ techniques, tactics, strategies, rules and etiquette effectively in the context of the activity.

* To assist individuals with special needs to achieve the intent of Standard 2, physical education teacher education programs are allowed and encouraged to use a variety of accommodations and/or modifications to demonstrate skillful performance (e.g., modified/adapted equipment, augmented communication devices, multi-media devices) and fitness (e.g., weight training programs, exercise logs).

Standard 3: Planning and Implementation

Physical education teacher candidates apply content and foundational knowledge to plan and implement developmentally appropriate learning experiences aligned with local, state and/or SHAPE America National Standards and Grade-Level Outcomes for K-12 Physical Education through the effective use of resources, accommodations and/or modifications, technology and metacognitive strategies to address the diverse needs of all students.

Component Statements	Unacceptable	Acceptable	Target
3.a Plan and implement	Candidate fails to make both	Candidate designs and	Candidate designs and
appropriate (e.g.,	long- and short term plans.	implements short- and long-	implements short- and long-
measureable,	Planning is limited to daily	term plans. Learning activities	term plans to ensure that
developmentally	lesson plans, with no plan for	are congruent with short- and	learning is sequential. Short-
appropriate, performance-	long-term instructional goals	long-term objectives and are	and long-term objectives are
based) short- and long-term	for the unit. Short-term	linked to individual student	linked directly to student
plan objectives that are	objectives are included but not	needs. Short- and long-term	learning activities. Short- and
aligned with local, state	aligned with identified long-	objectives inform instruction	long-term objectives inform
and/or SHAPE America	term objectives. Planned	and learning activities.	instruction and learning
National Standards and	learning activities are not	Objectives are appropriate for	activities and allow for
Grade-Level Outcomes for K-	aligned with instructional or	short-term topic, age, and	differentiated instruction.
12 Physical Education.	programmatic objectives.	developmental level of	Objectives are appropriate for
	Objectives are inappropriate	learners. Objectives identify	the short-term topic, age, and
	for the short-term	measurable behaviors,	developmental level of
	topic/developmental level of	conditions, and criteria.	learners. Objectives
	the students by being either too		incorporate multiple domains
	difficult or too easy. Learning		of learning. Objectives are
	objectives are appropriate but		measurable, and each contain
	candidate fails to align		behaviors, conditions, and
	objectives with local, state		criteria for student mastery.
	and/or national		
	standards/grade-level		
	outcomes.		

3.b Plan and implement	Learning activities are	Candidate considers the	Learning activities are age and
progressive and sequential	inappropriate for the age and	context of the learning	developmentally appropriate,
content that aligns with	developmental level of	environment that is reflected in	and provide appropriate
short- and long-term plan	students by being either too	the planning and	complexity (neither too easy
objectives and that addresses	difficult or too easy. Candidate	implementation of the short-	nor too difficult). Candidate
the diverse needs of all	fails to make modifications to	term plan. Multiple methods	implements adjustments to
students.	planned learning activities to	are used to convey content.	learning activities based on
	accommodate students'	Learning activities are	student performance.
	developmental levels by	age/developmentally	Adjustments are implemented
	increasing or decreasing task	appropriate and are optimally	for individuals and the entire
	complexity. The sequence of	challenging (neither too easy	class. Candidate plans and
	the short-term plan may be	nor too difficult). Progressions	implements a logical sequence
	illogical, with gaps in	are sequential, progressive, and	aligned with short- and long-
	progressions. Progressions	align with short-term plan	term objectives. Candidate
	between learning activities are	objectives facilitating skill	provides differentiated
	too difficult or too easy to	acquisition. Task complexity is	instruction in learning
	facilitate skill mastery.	age and developmentally	activities based on student
	Candidate plans without	appropriate. Candidate plans to	readiness as determined by
	considering pre-assessment	use pre-assessment data to	pre-assessment data.
	data to determine the entry	determine the entry level of the	Progressions are sequential,
	level of the students. Students	students. Learning activities	align with short- and long-term
	participating in learning	allow students to achieve	objectives, and provide
	activities fail to achieve short-	short-term plan objectives.	students with opportunities to
	term plan objectives.		extend learning activities
	1 0		matching individual needs.
			Learning activities allow
			students to achieve short- and
			long-term plan objectives.
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3.c Plan for and manage resources to provide active, fair and equitable learning experiences.	Candidate does not plan or plans for short-term plan variations incongruent with individual differences (abilities/needs/interests) represented. Instruction is not individualized, and a "one size fits all" approach is taken. Candidate uses one instructional model/approach throughout the long-term plan. Candidate does not offer choices in equipment, space use or practice tasks based on individual differences.	Candidate plans for instructional variations for individual differences (abilities/needs/interest). Candidate varies instructional models/approaches throughout the long-term plan to account for differences in learning styles and prior experiences. Candidate provides student choice in equipment, space or level of practice tasks based on individual differences.	Candidate's plans reflect age and developmentally appropriate adaptations for abilities (all levels) and needs (interests and motivations). Candidate uses multiple instructional models/approaches throughout the long-term plan to account for variations in learning styles and prior experiences. Students are given multiple choices (e.g., equipment, space) within practice tasks based on individual differences.
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2 d Dlan and implement	Condidata faile to plan for all	Condidata plans and	Condidata plana and
3.d Plan and implement	Candidate fails to plan for all	Candidate plans and	Candidate plans and
individualized instruction for	students within the class based	implements short-term plan	implements short-term plan
diverse student needs, adding	on factors such as gender,	modifications based on factors	accommodations for the
specific accommodations	class, ethnicity, race, physical	such as gender, class, ethnicity,	diversity found within the
and/or modifications for all	or mental disability, or	race, physical or mental	student population using
students.	socioeconomic status.	disability, or socioeconomic	differentiate planning and
	Candidate does not make	status for all students within	instruction for all students
	accommodations for the	the class. Candidate plans and	within the class. It is evident
	diversity found within the	teaches for inclusion of	from the candidate's planning
	student population. Candidate	diversity in displayed	and implementation that the
	fails to plan and teach for	materials, using a variety of	components (e.g., selection of
	inclusion through selection of	students to demonstrate and	long- and short-term plans,
	students chosen to	grouping students for	materials selected for display,
	demonstrate, inclusive display	instruction and learning	and the selection of students to
	materials, and grouping of	activities. Candidate	demonstrate) are inclusive and
	students for instruction and	collaborates with the IEP team	attend to all students' needs.
	learning activities. Candidate	on the implementation of	Candidate plans and
	fails to collaborate with the	short-term plans meeting the	implements inclusive methods
	IEP team on the planning and	needs of students with	of grouping students by
	implementation of short-term	disabilities.	creating groups of mixed skill
	plan that meet the needs of		and abilities levels that account
	students with disabilities		for the diversity found with the
			student population. Candidate
			collaborates with the IEP team
			on the planning and
			implementing of short-term
			plans that meet the needs of
			students with disabilities.
			students with disabilities.

3.e Plan and implement	Candidate does not plan and	Candidate integrates learning	Candidate integrates learning
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learning experiences that	implement use of technology	experiences that involve	experiences that require
require students to use	or the technology is not age	students in the use of 1 form of	students to use more than 1
technology appropriately in	and/or developmentally	technology. Candidate plans	form of technology in a
meeting one or more short-	appropriate. Candidate	and implements age and	physical education setting.
and long-term plan	demonstrates limited	developmentally appropriate	Candidate demonstrates age
objective(s).	knowledge of current	use of technology in a physical	and developmentally
	technology and its application	education setting. Candidate's	appropriate use of current
	in physical education settings.	plan for student use of	technologies and uses the
	Candidate's use of technology	technology is aligned with	technology to enhance student
	does not align with long- or	long- or short-term objectives.	learning. Candidate's plan for
	short-term objectives.		student use of technology is
			aligned with long- and short-
			term objectives.
			term objectives.

3.f Plan and implement	Candidate does not plan or	Candidate plans and	Candidate plans and
learning experiences that	implement metacognitive	implements age and	implements age and
engage students in using	knowledge activities or these	developmentally appropriate	developmentally appropriate
metacognitive strategies	activities are not age and/or	metacognitive activities.	metacognitive knowledge and
appropriately to analyze	developmentally appropriate.	Candidate provides	strategy learning activities.
their own performance	Students are not provided	opportunities for students to	Candidate allows students to
results.	opportunities to analyze, plan,	explore knowledge and beliefs	analyze, reflect, and improve
results.			
	monitor, evaluate, or reflect on	on the task (purpose), person	skillful performances.
	their own performance.	(individual variables) and	Metacognitive knowledge
		strategy (What, How, Why,	provides means for students to
		When). Students reflect on	explore the knowledge and
		one's own declarative and	beliefs on the task (purpose),
		procedural knowledge related	person (individual variables)
		to their own performance.	and strategy (What, How,
			Why, When). Candidate also
			provides opportunities for
			students to engage in
			metacognitive strategies by
			raising one's awareness,
			monitoring, and evaluating the
			learning process related to
			skillful performance. Students
			reflect on declarative,
			procedural, and strategic
			knowledge related to their own
			performance.
			performance.

Standard 4: Instructional Delivery and Management

Physical education teacher candidates engage students in meaningful learning experiences through effective use of pedagogical skills. They use communication, feedback, technology, and instructional and managerial skills to enhance student learning.

Component Statements	Unacceptable	Acceptable	Target
4.a Demonstrate verbal and	Candidate's verbal interactions	Candidate's verbal interactions	Candidate uses age and
nonverbal communication	are professional but contain	are culturally responsive with	developmentally appropriate
skills that convey respect and	occasional mistakes in	an occasional mistake in	grammar and diction in a
sensitivity across all learning	grammar, poor diction, and/or	grammar or the occasional use	culturally responsive way.
experiences.	inappropriate language for the	of a regional colloquialism.	Candidate's use of
	age and developmental level of	Candidate demonstrates	communication demonstrates
	students. Candidate may	respect for cultural differences	respect for cultural differences
	disregard cultural differences	and is inclusive in his/her	and creates an inclusive
	when speaking with his/her	teaching. Pacing of verbal	atmosphere. Pacing of verbal
	students. Candidate uses	communication is age and	communication is age and
	"slang" terms at times and	developmentally appropriate	developmentally appropriate
	occasionally "puts down"	with variation in tone and	with variation in tone and
	students. The pacing of verbal	inflection. Candidate utilizes	inflection used throughout the
	communication is consistently	verbal and nonverbal	lesson. Candidate utilizes
	too fast or too slow with little	communication throughout the	multiple forms of
	variation in tone and inflection.	lesson. Alternative forms of	communication such as task
	All communication in the	communication such as task	sheets, bulletin boards,
	short-term plan is verbal with	sheets, bulletin boards,	augmented communication
	no other form of	augmented communication	device, etc. throughout the
	communication used.	device, etc. are used to	short-term plan.
		communicate short-term plan	_
		content.	

4.b Implement	Candidate provides no	Candidate provides an age and	Candidate provides age and
demonstrations, explanations	demonstration or an incorrect	developmentally appropriate	developmentally appropriate
and instructional cues that	demonstration that is not age	demonstration during the	demonstrations during the
are aligned with short- and	and/or developmentally	instructional episode.	instructional episode that are
long-term plan objectives.	appropriate during the	Candidate implements	aligned with short- and long-
g F J	instructional episode.	instructional cues that identify	term objectives.
	Candidate provides too few or	elements of the	Demonstrations are short in
	too many instructional cues for	skill/tactic/strategy.	duration (60-90 seconds)
	the age and developmental	Instructional cues are	allowing for maximum time-on
	level of the students.	reinforced during the	task. Candidate implements
	Instructional cues are incorrect	instructional episode.	developmentally appropriate
	or do not identify the elements	Demonstrations, explanations,	instructional cues identifying
	of the skill/tactic/strategy.	and instructional cues are	elements of the
	Demonstrations, explanations,	aligned with the short- or long-	skill/tactic/strategy that
	and instructional cues are not	term plan objectives.	facilitate learning of short- and
	aligned with the short- and		long-term objectives for all
	long-term objectives.		students. Instructional cues are
			reinforced throughout the
			instructional episode and short-
			term plan. Demonstrations,
			explanations, and instructional
			cues are aligned with the short-
			and long-term plan objectives.

4.c Evaluate the changing dynamics of the learning environment and adjust instructional tasks as needed to further student progress.	Candidate delivers lessons by remaining on script with the short-term plan despite student responses. Candidate fails to recognize changes in the teaching environment or fails to implement adjustments based on changes in the learning environment. Candidate does not make lesson adjustments for either underperforming or highly performing students.	Candidate implements adjustments to the short-term plan based on student progress and responses. Candidate is flexible in the short-term plan or with students by implementing adjustments to further student learning. Candidate makes lesson modifications for underperforming and highly skilled students alike.	Candidate is flexible and implements developmentally appropriate adjustments based on student progress and responses. Candidate responds in a developmentally appropriate manner to the teachable moments during the short-term plan to enhance student learning. Candidate makes creative lesson modifications for both underperforming and highly skilled students alike.
		skined students anke.	underperforming and highly

	Condidate last in offertion 1	Condidate has established	
4.d Implement transitions,	Candidate has ineffective rules	Candidate has established	Candidate has established
routines and positive	or has difficulty in	developmentally appropriate	developmentally appropriate
behavior management to	implementing class rules.	rules for the class and enforced	rules for the class and enforced
create and maintain a safe,	Rules lack clarity or are stated	the rules systematically.	the rules systematically.
supportive and engaging	in language inappropriate for	Managerial routines are	Managerial routines are
learning environment.	the age of the students.	present and a system is in	present and maximize learning
	Managerial routines are not	place for distribution/return of	opportunities by limiting time
	present and no systems are in	equipment, attendance, finding	off task. Candidate employs a
	place for distribution/return of	a partner, creating groups, and	clear start and stop signal
	equipment, attendance, finding	other class routines. Candidate	throughout the lesson. Space is
	a partner or creating a group,	employs a clear start and stop	used efficiently allowing all
	and other class routines.	signal. Space is used	students equal opportunities to
	Students are arranged in	efficiently allowing all	participate in learning
	groups/formations that does	students to participate in	activities. Behavior issues are
	not maximize the available	learning activities. Behavior	not apparent or are dealt with
	teaching space. Candidate does	issues are dealt with	immediately in a
	not employ a consistent start	immediately in a	developmentally appropriate
	and stop signal. Behavior	developmentally appropriate	manner. Candidate creates a
	issues are either not addressed	manner by using proactive	supportive environment by
	or not handled in a	strategies such as student	distributing feedback
	developmentally appropriate	prompts. Candidate creates a	(providing more to
	manner. Candidate does not	supportive environment by	underperforming and less to
	establish a supportive learning	providing feedback to all	high performing) to students,
	environment for all students by	students, encourages student	encourages all students to
	demonstrating characteristics	participation, and provides	participate, and provides
	of motor elitism, excluding	equitable learning	equitable learning
	students from lesson activities,	opportunities for all students.	opportunities for all students.
	and/or by not providing		
	equitable learning activities.		
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4.e Analyze motor skills and	Candidate can analyze, detect,	Candidate analyzes, detects,	Candidate analyzes, detects,
performance concepts	and correct critical elements	and corrects elements of	and corrects all elements of
through multiple means (e.g.,	for movement skills in at least	movement skills using skill	movement skills using skill
observation, technology) in	one stage of proficiency.	cues linked to the identified	cues linked to the identified
order to provide specific,	Candidate identifies key	critical elements. Lesson focus	critical elements. Lesson focus
congruent feedback to	elements of motor skills, but	is on skills with consideration	is on skills and context in
enhance student learning.	provides non-specific	of the context in which skills	which skills are performed.
	feedback. Lesson focuses on	are performed. Candidate	Candidate provides specific,
	skills without consideration for	provides specific and	corrective feedback on critical
	the context in which skills are	corrective feedback on critical	elements for both motor skills
	executed. Candidate identifies	elements of skills, movement	and tactics. Candidate provides
	key elements of motor skills,	concepts, and tactics. A	specific, congruent, and
	but feedback on the skills is	combination of positive,	corrective feedback to students
	non-specific. Feedback is	specific, and corrective	on the effective use of tactics
	general without connecting	feedback is used. Feedback is	and strategies. Feedback is
	feedback to specific responses.	provided on developmentally	linked directly to student
	Feedback is motivational and	appropriate use of tactics and	responses and is provided to
	is provided to the group as a	strategies. Candidate provides	individuals and groups during
	whole. Candidate provides	individual and group feedback.	the lesson. Candidate
	limited feedback to students on	Candidate incorporates 1 form	incorporates more than 1 form
	the effective use of tactics and	of technology (e.g.	of technology (e.g.
	strategies. Candidate does not	pedometers, HR monitors,	pedometers, HR monitors,
	incorporate any form of	iPads, Coach's Eye, etc.) to	iPads, Coach's Eye, etc.) to
	technology as a means of	provide feedback to enhance	provide feedback to enhance
	providing feedback to students.	student learning.	student learning.

Standard 5: Assessment of Student Learning

Physical education teacher candidates select and implement appropriate assessments to monitor students' progress and guide decision making related to instruction and learning.

5.b Implement formative assessments that monitor student learning before and throughout the long-term plan, as well as summative assessments that evaluate student learning upon completion of the long-term plan.	Candidate does not plan for formative assessments within the short- and long-term plans. Pre assessment data are not used when making informed planning and instructional decisions. Assessments do not align with short- and long-term objectives	Candidate implements formative assessments that monitor student learning before and throughout the long-term plan. Summative assessments are planned that inform candidate of student learning. Data from assessments are used to inform planning and instructional decisions.	Candidate implements on- going formative assessments that directly aligns to student performance before and throughout the long-term plan. Assessment results are used to inform instruction, provide feedback, communicate progress, and plan for future instructional goals. Pre assessment data are used to design learning experiences that align with planned instructional activities. Summative assessments are planned and implemented that align to long-term objectives and provide evidence of student learning based on previous data collection and individualized instructional goals.
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5.c Implement a reflective	Candidate demonstrates	Candidate implements a	Candidate implements a
cycle to guide decision	minimal evidence to support	reflective cycle (description of	reflective cycle (description of
making specific to candidate	their use of the reflective cycle	lesson, evaluation of	lesson, evaluation of
performance, student	to modify and plan instruction.	candidate's performance,	candidate's performance,
learning, and short- and		analysis of student learning,	analysis of student learning,
long-term plan objectives.		action plan) to guide decisions	action plan) to guide decision
		for future lessons. Candidate	both during the lesson and
		uses the reflective cycle to	future lessons. Candidate uses
		modify/adapt instruction and	the reflective cycle to
		implement change to enhance	modify/adapt instruction and
		student learning based on	implement change both during
		short- and long-term	the lesson and for future
		objectives.	lessons to enhance student
			learning based on short- and
			long-term objectives.

Standard 6: Professional Responsibility

Physical education teacher candidates demonstrate behaviors essential to becoming effective professionals. They exhibit professional ethics and culturally competent practices; seek opportunities for continued professional development; and demonstrate knowledge of promotion/advocacy strategies for physical education and expanded physical activity opportunities that support the development of physically literate individuals.

Component Statements	Unacceptable	Acceptable	Target
6.a Engage in behavior that	Candidate attempts to	Candidate demonstrates ethical	Candidate demonstrates ethical
reflects professional ethics,	demonstrate ethical behaviors	behaviors in all aspects of	behaviors in all aspects of
practice and cultural	but may make some	practice in the school setting	practice in the school setting
competence.	unprofessional verbal or	(e.g., classroom; duties, such	and beyond (e.g., faculty room
	written comments in private	as recess or bus). Candidate is	conversations; social media).
	with other school professionals	respectful of	Candidate is respectful of
	that are considered	privacy/confidentiality laws	privacy/confidentiality laws
	inappropriate (e.g., gossiping	pertaining to students,	pertaining to students,
	about a student or students'	students' families, and	students' families, and
	family). Candidate respects	colleagues (e.g., teachers,	colleagues (e.g., teachers,
	privacy/confidentiality laws as	principal, staff). Candidate	principal, staff) and ensures
	they pertain to students'	maintains professional	students that assessment results
	medical records and grades.	relationships including respect	and feedback are private
	Candidate maintains	of candidate-student	information. Candidate
	professional relationships in	boundaries in and out of the	maintains professional
	most cases but may violate	school setting. Candidate	relationships including respect
	candidate-student boundaries	demonstrates both verbal and	of candidate-student
	(e.g., communicating with a	non-verbal skills that reflect	boundaries in and out of the
	student through Facebook or	cultural competence toward all	school setting. Candidate helps
	text messages). Candidate may	students.	students to demonstrate
	demonstrate language or		sensitivity toward one another.
	behavior that is insensitive to		
	cultural differences but		
	attempts to improve on cultural		
	competence in subsequent		
	opportunities.		

6.b Engage in continued	Candidate participates in	Candidate participates in	Candidate takes initiative in
professional growth and	professional growth	professional growth	seeking out opportunities to
collaboration in schools	opportunities (e.g., major's	opportunities (e.g., major's	participate in professional
and/or professional	club; attendance at state	club; attendance at state	growth opportunities (e.g.,
organizations.	conventions, health fairs, and	conventions, field day, and	major's club; attendance at
	Jump/Hoops for Heart	Jump/Hoops for Heart	state conventions, field day,
	activities) required by the	activities) when they are	and Jump/Hoops for Heart
	program when directed to do	offered. Candidate grows	activities) and may take a
	so. Candidate may or may not	professionally through	leadership role such as
	grow professionally through	collaborative opportunities as	presenting at a convention or
	collaborative opportunities	displayed by a willingness to	serving as an officer in a
	provided by education	receive constructive feedback	student group such as a PETE
	professionals (e.g., mentor	from education professionals	major's club. Candidate grows
	teacher, university supervisor,	(e.g., mentor teacher,	professionally through
	principal) based on a defensive	university supervisor,	collaborative opportunities
	posture and/or verbal stance.	principal) and subsequent	sought out to further
	Candidate may not take	actions represent an attempt to	professional knowledge and/or
	subsequent action to	improve based on such	skills. Candidate is observed
	implement feedback or may	feedback.	implementing new knowledge
	attempt to implement feedback		and/or skills when working
	with little effort to improve his		with PreK-12 students in the
	own professional knowledge		physical education
	and/or skills.		environment.

6.c Describe strategies,	Candidate fails to demonstrate	Candidate demonstrates	Candidate demonstrates
including the use of	knowledge of promotional	knowledge of promotional	knowledge of promotional
technology, for the	strategies for physical	strategies for physical	strategies for physical
promotion and advocacy of	education and expanded	education and expanded	education and expanded
physical education and	physical activity opportunities	physical activity opportunities	physical activity opportunities
expanded physical activity			
	and does not encourage	by encouraging students to	by encouraging students to
opportunities.	students to practice skills or	practice skills or tactics, and/or	practice skills or tactics, and/or
	tactics, and/or other active	other active motor play	other active motor play
	motor play activities, other	activities, other than in	activities, other than in
	than in physical education	physical education class.	physical education class. When
	class. Candidate is unaware of	Candidate knows of	given the opportunity,
	or does not employ any	community locations where	candidate implements selected
	strategies to make students	students may safely participate	expanded physical activity
	aware of physical activity	in physical activities and	opportunities beyond the
	opportunities in the	communicates using either	planned delivery of physical
	community. Candidate does	verbal or non-verbal methods	education lessons. Candidate
	not demonstrate knowledge of	(e.g., school or physical	encourages students to include
	how to advocate for physical	education website; social	family members when
	education and expanded	media; bulletin board; create	engaging in physical activity
	physical activity opportunities.	and distribute newsletter or	opportunities beyond the
		pamphlet). Candidate	school day. Candidate knows
		demonstrates knowledge of	of community locations where
		how to advocate for physical	students may safely participate
		education and expanded	in physical activities and
		physical activity opportunities	communicates using verbal
		while engaged in collaborative	and non-verbal methods (e.g.,
		discussions with colleagues	school website, social media,
		(e.g., mentor teacher,	bulletin board, newsletter,
		university supervisor).	pamphlet). Candidate
			demonstrates knowledge of
			how to advocate for physical
			education and expanded
			physical activity opportunities

	by creating written or visual
	materials and/or
	presentation/documents (letter
	to principal or school board)
	that provide valid, up-to-date
	rationale for developing or
	improving policies that support
	physical education and
	expanded physical activity
	opportunities.